

Subject Code: 01CR1103
Subject Name: Value Education
B. Tech Year – I

Objective: This course shall enrich students' value system, creativity, competence and confidence. It will enhance the softer aspects of life skills of students through the games, activities, group interactions and videos.

Credits Earned: 0 Credits

Course Outcomes: After successful completion of this course, student will be able to

- Understand importance of role of Values in developing self
- Inculcate right values, ethics, attitudes, manners and behaviours for life
- Respond and relate with expectations, competitions and power of networking

Pre-requisite of course: NA.

Teaching and Examination Scheme

| Teaching Scheme (Hours) | | | Credits | Theory Marks | | | Tutorial/ Practical Marks | | Total Marks |
|-------------------------|----------|-----------|---------|--------------|-------------|--------------|---------------------------|----------------|-------------|
| Theory | Tutorial | Practical | | ESE (E) | Mid Sem (M) | Internal (I) | Viva (V) | Term work (TW) | |
| 2 | 0 | 0 | 0 | 00 | 00 | 00 | 50 | 50 | 100 |

Contents:

| Unit | Topics | Contact Hours |
|------|--|---------------|
| 1 | Experiencing worth of important personality attributes i.e Taking Initiatives, Thinking on the feet etc through Games | 2 |
| 2 | Values of Honesty and Integrity as corner stone in one's career and Life. Experiencing incidence and case studies related to Honesty, Integrity and Human Values in work set up. | 2 |
| 3 | Value of Creativity in one's career and Life Building an attitude of creativity, thinking out of the box and inculcate virtue of exploration and innovation in various aspects of life. | 2 |
| 4 | Values to self sustenance in difficult times and failures To Understand failure as stepping stone towards success, its inevitability and earning life lessons which makes an individual well equipped to deal with uncertainties of life. | 2 |



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|----|---|-----------|
| 5 | Role of emotions in one's professional life Importance of building sound EQ with IQ, Understanding the causes and effects of emotions in life. | 2 |
| 6 | Workplace values 1 – Manners Understanding workplace as a second home and source of livelihood, inculcate spirit of belongingness towards work and exhibit sound manners that projects work place with dignity | 2 |
| 7 | Workplace values 2 – People, Policy and organization Understanding the importance of policies and people, ideal code of conduct at Workplace, building rapport with colleagues, sound behaviours with various stakeholders within the organization | 2 |
| 8 | Value for students' life 1 - Power of Positivity Importance of optimism in life, developing right kind of attitude towards self career and others. Power of generating right kind of thoughts that translates in right actions and behaviours. | 2 |
| 9 | Value for students' life 2 - Healthy Lifestyle Importance of fitness in life and career. Importance of regular exercising and taking up a sport. Focusing upon eating and sleeping habits that result in physical performance as body is considered to be the temple of soul. | 2 |
| 10 | Value for students' life 3 – Create First Impression Understanding the importance of making right impressions while in public, how to speak/introduce self, basic understanding of dress code, voice tone and body language | 2 |
| 11 | Understanding hazards of Social Networking sites Developing sound habits, breaking bad habits, understanding hazards of bad habits and excess of social media in life. | 2 |
| 12 | Creating Value through Social Networking sites (Linked-In and Quora) To ensure that technology is used to build bridges and not the barriers, focusing upon the career and importance of associating with right content in the virtual world. (Linkedin, Quora, GD communities, India Bix, Bodhi Booster) | 2 |
| 13 | Performance Values 1- How to avoid Procrastination Value and Importance of Time, Cause and effect of procrastination, How to maximize the day, Importance of setting up to –do lists and task lists | 2 |
| 14 | Performance Values 2- How to manage Pressure Situations (Exams and Evaluations) Handling anxiety, Value of planning and smart work, ensuring right state of mind and tips for a successful show. | 2 |
| | Total Hours | 28 |

References:

1. **Creating Values in Life: Personal, Moral, Spiritual, Family and Social Values** – By Ashok Gulla
2. **Teaching Your Children Values** – By Linda and Richard Eyre
3. **The Book of Virtues for Young People** – William J. Bennett
4. **The Monk who sold His Ferrari** – By Robin Sharma
5. **Seven habits of Highly Effective People** – By Dr. Stephen R Covey
6. **Stop Worrying & Start Living** – By Dale Carnegie
7. **Eat that Frog** – By Brian Tracy

Suggested Theory distribution:

The suggested theory distribution as per Bloom's taxonomy is as per follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

| Distribution of Theory for course delivery and evaluation | | | | | |
|---|------------|-------|---------|----------|--------|
| Remember | Understand | Apply | Analyse | Evaluate | Create |
| 20% | 20% | 30% | 15% | 10% | 5% |

Instructional Method:

- a. The course delivery method will depend upon the requirement of content and need of students. The trainer shall train students through interactions, demonstration, role play, games, brainstorming, group tasks etc.
- b. Practical examination (VIVA) will be conducted at the end of semester for evaluation of performance of students.
- c. Students will use supplementary resources such as online videos and books.